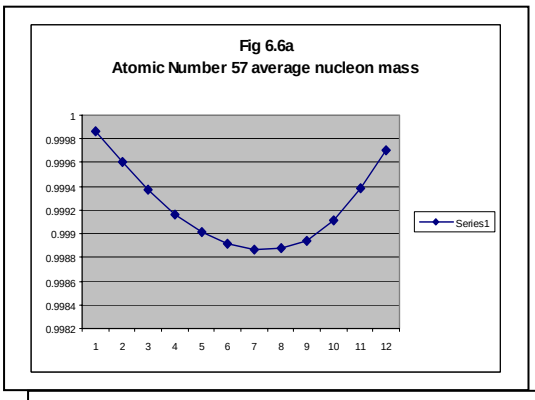
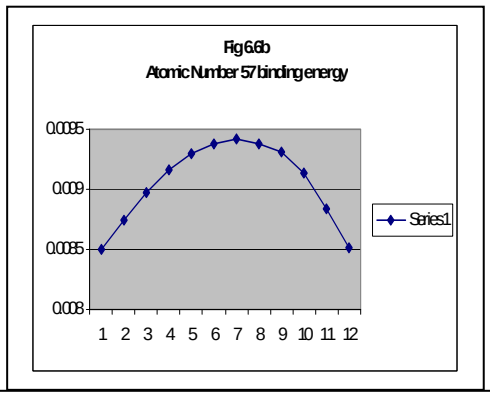
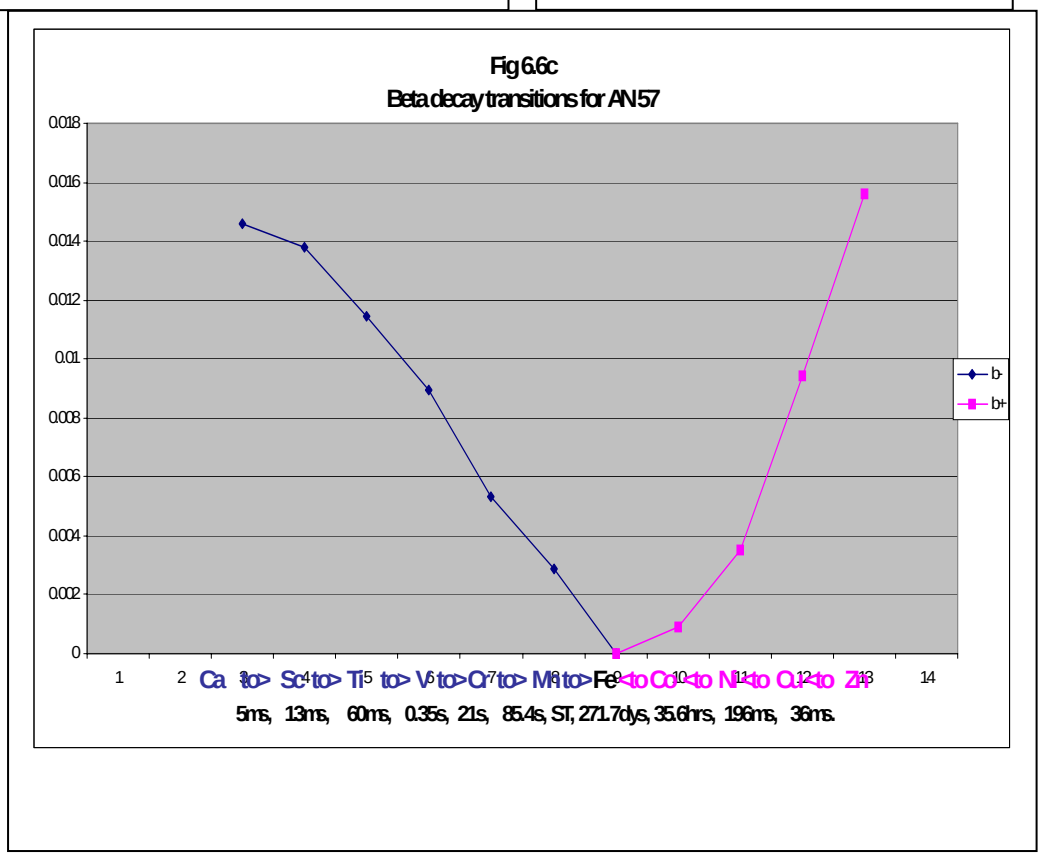
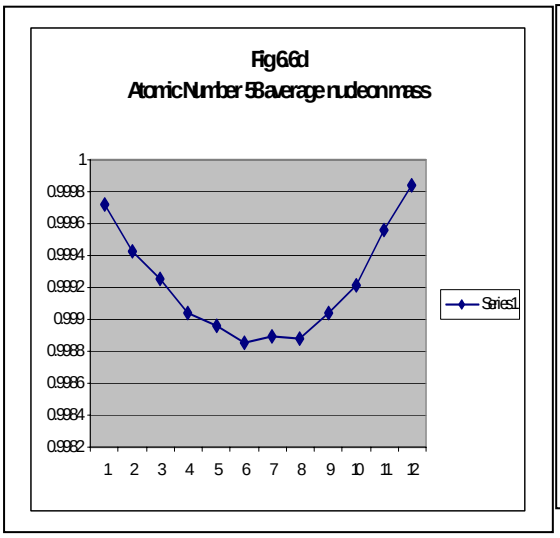
If this is repeated for 57Fe

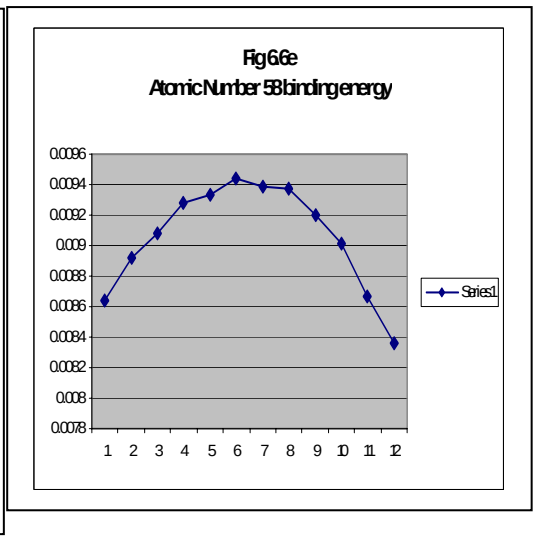


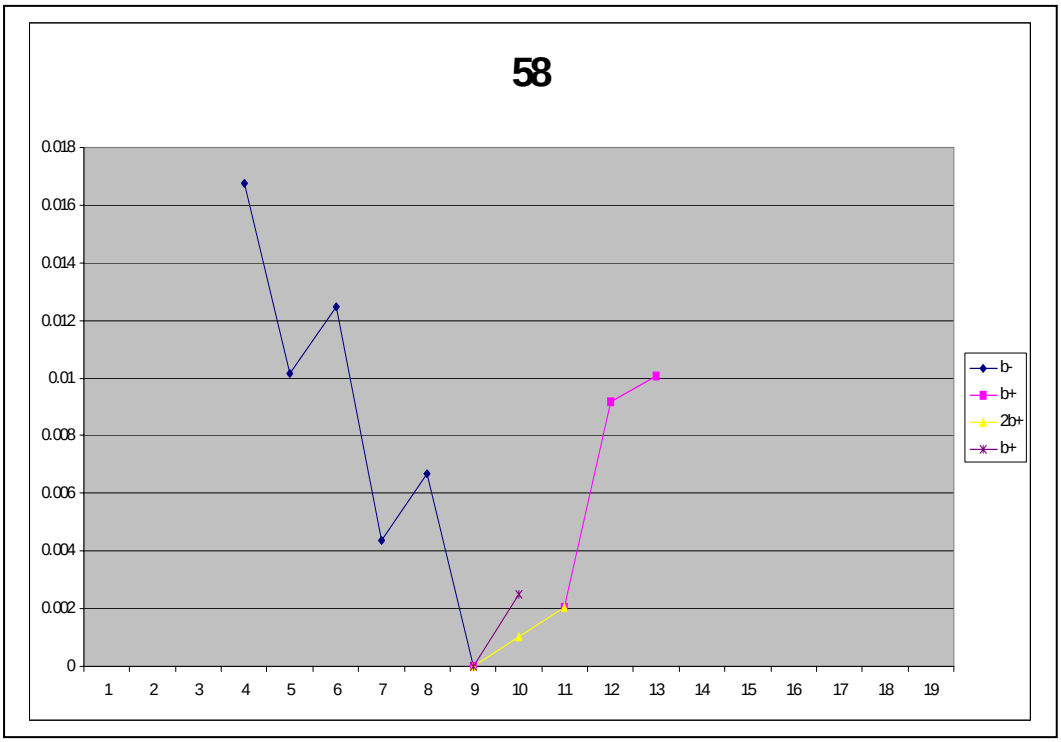




and 58 Fe:







Nore the 2β + decay, which is always accompanied by a single β+.
2β decays only occur with bosons, never in Fermions.
And if these are superimposed as Graph 6.7: [continued in 3c4.pdf]